

## Food and Wine

# Following the path of the olive oil in Umbria

TOURIST PACKAGE 4 DAYS/ 3 NIGHTS



SPOLETO - TREVI - SPELLO - FOLIGNO - ASSISI - PERUGIA

Day

1

Arrive in Spoleto city known worldwide for the scenic Piazza Duomo, one of the famous venues of the Festival of Two Worlds and for the imposing Rocca Albornoziana that, along with the Ponte delle Torri, are considered the most interesting monuments. Visit of the old town. Hotel accommodation, dinner and overnight.

Day

2

Breakfast at the hotel, and departure for Trevi, surrounded by olive trees. Visit the charming town that preserves Roman and medieval testimonies, such as the mighty walls that surround the town, which give it a particularly fascinating atmosphere. To remember the importance of the olive tree and the production of extra virgin olive oil

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in the local economy there is the Museum of the Civilization of the Olive, dedicated to this theme. Inside there is also a selection of locally produced extra virgin olive oil bottles. Then stop in the small village of Bovara, where there is the olive tree of Sant'Emiliano, considered the oldest in Umbria. This plant is linked to the memory of St. Emiliano, the first bishop of Trevi, more properly to his martyrdom, and still today after more than 1700 years arouses admiration for its imposing appearance. Free lunch. Transfer to Spello, a small jewel among the most beautiful villages in Italy. In its historic center, between the narrow alleys each house is embellished with colorful plants and flowers. The Towers of Propezio, the Door of Venus and the Consular Door deserve a mention for the architectural structure. Return to the hotel, dinner and overnight.

## Day 3

Breakfast in the hotel Breakfast at the hotel, departure for Foligno. Visit the charming old town full of treasures such as the Palazzo del Podestà, the Duomo di San Feliciano, Palazzo Trinci seat of the Pinacoteca, Palazzo Orfini ancient home of Emiliano Orfini, the printer who printed the first Italian edition of the Divine Comedy. Visit of the Clarici oil mill, opened by Pietro and his son Domenico almost 150 years ago. Located a few steps from the center, in front of the former church of SS. Trinità in Annunziata, the oil mill is also a small museum that preserves tools, a laboratory and historical documents. Tasting of oil and typical products. Free lunch. Transfer to Assisi city symbol of peace, which identifies with one of the most beloved and revered saints in the world, San Francesco, and is at the same time a delightful medieval town full of characteristic corners and typical cuisine. Visit of the Basilica of Assisi composed of two superimposed churches and the crypt with the tomb of the Saint. In the Upper Church you can admire the cycle of the life of St. Francis, the work of the great Giotto, the Stories of the Old and the New Testament that cover the entire nave and other beautiful frescoes by Cimabue and Torriti. Return to the hotel, dinner and overnight.

## Day 4

Breakfast at the hotel, transfer to Perugia, city of chocolate and delicious "kisses". Visit the city starting from Piazza IV Novembre with the Fontana Maggiore in the center, overlooked by the Palazzo dei Priori and the Cathedral of San Lorenzo. Nearby are the Palazzo del Capitano del Popolo and the old University. At the end of Via dei Priori there are the Church of San Francesco al Prato, the oratory of San Bernardino and the Temple of Sant'Angelo, the oldest church of the city, which is flanked by a tower from where you can admire the city from above. In the historic center you can also visit the underground of Rocca Paolina, symbol of papal power, accessing from Porta Marzia or



Piazza dei Partigiani, not to be missed the Chapel of San Severo where the fresco of Trinità and Santi by Raffaello is preserved. End of services.

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